

before



after



Want a rewarding career change that supports community wellbeing?
Become a Professional Organiser!

DECLUTTERING COURSE

NAT11070006 UNDERTAKE DECLUTTERING

A Professional Organiser requires the skills to communicate with clients with complex needs, identify risks in the home that may impact health, and the capacity to implement the 5 Rs to organise and declutter a space. They are in high demand.



AUSTRALIAN COLLEGE OF
ENVIRONMENTAL
STUDIES



RTO No: 21740

What is Decluttering?

Decluttering is the process of organising and removing unnecessary items from a space. It involves evaluating each item and deciding whether to keep, donate, sell, or discard it.

Decluttering can be undertaken in any space, such as a home, office, or even a digital space like a computer or phone. The goal of decluttering is to create a more functional and visually appealing space by getting rid of excess items that may cause stress, anxiety, or feelings of overwhelm.

About the Course

This nationally accredited online course is 3 months in duration that can be started anytime. It is designed to enable you to work as a Professional Organiser specialising in decluttering. The course covers trauma-informed care and strategies to communicate with clients with complex needs such as disabilities, mental health and neurodiversity issues. It covers client screening and self care, and the risks and strategies to deal with hazards in the home such as manual handling issues, allergens, lead, and mould contaminated content. The five stages of decluttering (rubbish, rehome, return, repurpose, remain) will be described and demonstrated. The course materials are engaging and include pre-recorded powerpoint presentations and videos of real case scenarios from highly experienced professional organisers, mental health nurse, counsellor and building biologist. The course is suitable for consultants and/or individuals who are looking for a rewarding career change.

Investment: \$895

More info: www.aces.edu.au/courses/decluttering/

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